

CLASSIC SMOOTHIES

with Fruits 100% NFC Juice, Frozen Yogurt or Sorbet & Ice

Strawberry Swirl

Strawberry, banana, 100% apple juice, yogurt

Mango Mania

Mango, pineapple, banana, mango nectar, yogurt

Berry nice

Strawberries, blueberries, raspberries, banana, 100% apple juice, yogurt

Breakfast to Go

Strawberry, banana, museli, milk, yogurt & honey

Tropical Paradise

Pineapple, banana, papaya, coconut, & yogurt

Red Rush

Cherries, raspberries, strawberries, cranberry juice & sorbet

Summer Fruit sorbie

Strawberries, blueberries, raspberries, 100% apple juice, & sorbet



FRESH JUICES

Freshly Squeezed Juices with Whole Fruits & Pressed Juices

Lemon Twist

Freshly squeezed lemon, melon, apple, mint & sorbet

Flu Fighter

Freshly squeezed carrot, apple, orange & ginger

Watermelon Cooler (Seasonal)

Local freshly squeezed watermelon, strawberries & sorbet

Hangover Booster

Freshly squeezed orange, banana, strawberry, mango, natural yogurt, natural salts & electrolytes

Strawberry Energy

Strawberries, banana, pear & freshly squeezed apples

Pear Protector

Whole fresh pear, pineapple, juiced apples & banana

Berry Recovery

Juiced apples, strawberries, blueberries, raspberries, ½ banana & natural yogurt

REGULAR €4.60 | LARGE €4.95

REGULAR €4.95 | LARGE €5.40

GREEN SUPER JUICES

Our Nutritious Selection of Vegetable Juices with Whole & Pressed Ingredients

Fat Burner

Celery, lemon, ginger, pink grapefruit & juiced apples

Raw Detox

Whole apples, spinach, avocado, juiced carrot, lemon & celery

King Kale

Organic whole raw kale, apples, pineapple, pear & juiced oranges

Green Alkaline

Freshly squeezed cucumber, spinach, carrot, lemon, orange & chai seeds

Bullet Kale

Organic Whole raw kale, whole apple, whole pear, avocado & pressed apple

Aloe Vera

Fresh whole aloe vera, melon, pressed apples, avocado, lemon & mint



RAW Protein Charge

Almond milk, banana, avocado, peanut butter, dates, omega seed mix & raw cacao

Green & Mean

Almond milk, banana, avocado, spirulina, spinach, cranberry & dates, omega seed mix & pressed ginger

Amazon Power

Brazilian acai berries, almond milk, banana, blueberries, peanut butter, soaked omega 3 seeds

RAW Strawberry Smoothie

Strawberry, fresh banana, pressed apple juice, omega seed mix & frozen coconut milk

REGULAR €5.20 | LARGE €5.70

REGULAR €5.40 | LARGE €5.95

FITNESS SHAKES

Designed to Taste Good & Charge Your Body

Protein Charge

Banana, peanut butter, milk, natural yogurt & whey protein

Liquid Lunch

Banana, cinnamon, oats, milk, natural yogurt & whey protein

Purple Power

Blueberries, strawberries, oats, milk, sorbet & whey protein

Berry Recovery PLUS

Juiced apples, strawberries, blueberries, raspberries, 1 full banana & BCAA's

ALL NATURAL Boosters: €1

40ml pure ginger shot, Spirulina, Maca, Almond milk upgrade, Extra greens, Extra whey protein, Extra BCAA's



REGULAR €5.20 | LARGE €5.70