



Tasters

FINGER LICKING GOOD

GUACABITES

BATTERED GUACAMOLE BITES
SERVED WITH HOMEMADE
CHILI JAM

€4.95

JACKFRUIT BAO BUNS

SAUTE JACKFRUIT, SPINACH, RED CABBAGE
& SRIRACHA MAYO

€4.95

TRY ME FOR STARTERS

CRISPY GREENS

TENDER STEM BROCCOLI, ASPARAGUS,
BOK CHOI, MANGETOUT TOSSED IN
GARLIC, GINGER SAUCE

€4.95

Brunch

V AVO & EGG €7.50

AVOCADO SMASH, POACHED EGG, TOMATO
CHUTNEY, SPINACH & RYE BREAD TOAST

• WITH SALMON €10.00

BREAKFAST ROLL €8.50

SUNNY SIDE UP EGG, MAPLE CURED BACON
CRISPY KALE, SMOKED PROVOLONE CHEESE
IN A TOASTED MALTESE FTIRA

V FTIRA TA GIANNI. €9.50

WHOLE FTIRA FILLED WITH MUSHROOMS
KALE, SMOKED PROVOLONE CHEESE, TOPPED
WITH POACHED EGG

BEA €8.00

BACON, ORGANIC EGG SCRAMBLE, GRILLED
AVOCADO, TOMATO, SPINACH, BASIL &
CREAMY AVOCADO DRESSING ON A TOASTED
OPEN FTIRA

BOSS OMELETTE €9.50

GRILLED CHICKEN, AVOCADO, BACON
SPINACH, BASIL, TOMATO & CHIPOTLE MAYO

V THE REFORMER €8.50

SOFT EGG SCRAMBLE, FETA, SPINACH
HASH BROWN & POPPED BEANS

MATCHA AVOCADO PANCAKES €11.50

AVOCADO & MATCHA PANCAKES, GRILLED
HALLOUMI, MAPLE BACON, AVOCADO
POACHED EGG & SRIRACHA MAYO

MASSIVE BREAKFAST €13.00

MAPLE CURED BACON, POACHED EGG
HOMEMADE HASH BROWN, AVOCADO
PORTOBELLO MUSHROOM, HALLOUMI
& RYE BREAD TOAST

VG VEGAN BREAKFAST TACOS €8.00

TORTILLAS, TURMERIC TOFU SCRAMBLE
SALSA AVOCADO, PICO DE GALLO
& CORIANDER

+ CUSTOMIZE YOUR RIDE

POACHED EGG €1.50 • TOAST €1.50 • CHIPOTLE MAYO €1.00 • BEETROOT KETCHUP €1.00
BACON €2.50 • HOMEMADE HASH BROWN €2.50 • HALLOUMI €2.50



Lunch

V FALAFEL SALAD €9.40

FALAFEL, BULGUR WHEAT, GRILLED HALLOUMI
FARM GREENS, MINI PITAS & TAHINI SAUCE

VG THAI GREEN CURRY €10.00 🌶️

GREEN COCONUT CURRY WITH
BEAN SPROUTS, OYSTER MUSHROOMS
AUBERGINE, CHILI & JASMINE RICE

• WITH CHICKEN €12.00 • WITH TOFU €11.00

VG KAO SAN CURRY €10.00 🌶️

RICH MASSAMAN CURRY SAUCE
BEAN SPROUTS, OYSTER MUSHROOMS
MANGETOUT & JASMINE RICE

• WITH CHICKEN €12.00 • WITH TOFU €11.00

VG SUPER FOOD SALAD €9.40

CRISPY KALE, TENDERSTEM BROCCOLI
EDAMAME BEANS, SWEET POTATO BEAN
SPROUTS WAKAME & MISO SESAME DRESSING

V SMOKED BEET & BLACK BEAN BURGER 8.50

TOPPED WITH MELTED BRIE, CARAMELIZED
ONIONS & CHILI JAM

VG SUPER FOOD SOBA BOWL €10.00

WOK FRIED KALE, BROCCOLI, EDAMAME BEANS
SOBA NOODLES & FRAGRANT GARLIC
GINGER SAUCE

• WITH CHICKEN €12.00 • WITH TOFU €11.00

CHICKEN BURNER SALAD €10.50

CHAR GRILLED CHICKEN, RAINBOW QUINOA
FETA, BROCCOLI FLORETS & POMEGRANATE
VINAIGRETTE

• AVOCADO €2.00

JERK CHICKEN BREAST BURGER €9.20

DRY JERK RUB, HOMEMADE SLAW
& JALAPENO, REGGAE SAUCE

VG TERIYAKI NOODLE BOWL €10.00

WOK FRIED BROCCOLI, MANGE TOUT
OYSTER MUSHROOMS, SOBA NOODLES
& HOUSE TERIYAKI SAUCE

• WITH CHICKEN €12.00 • WITH TOFU €11.00

+ SIDES

SWEET POTATO FRIES €3.50 • AVOCADO €2.00 • GRILLED CHICKEN BREAST €2.50 • FALAFEL €2.50 • GLUTEN FREE BREAD €2.50 • SIDE SALAD €2.50



100% PRESSED JUICES

100% COLD PRESSED ORANGE

100% FRESHLY PRESSED APPLE

100% FRESHLY PRESSED CARROT

100% PINEAPPLE & ORANGE

REGULAR €4.50 LARGE €5.20



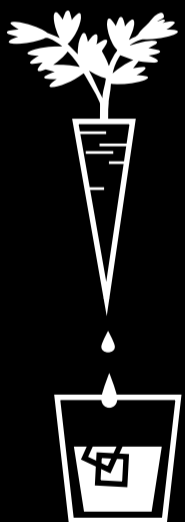
GREEN VEGETABLE JUICES

 **KING KALE**
ORGANIC WHOLE RAW KALE, APPLE
PINEAPPLE, PEAR & ORANGE

 **RAW DETOX**
WHOLE APPLE, SPINACH, AVOCADO
JUICED CARROT, LEMON & CELERY

 **ROOT RHYTHM**
FRESHLY PRESSED BEETROOT, APPLES
LEMON & GINGER

REGULAR €5.40 LARGE €5.95



LIGHT JUICES

 **MANGO TANGO**
FRESH PRESSED ORANGE JUICE MANGO, BANANA
& PASSION FRUIT

 **FAT BURNER**
CELERY, LEMON, GINGER, PINK GRAPEFRUIT
& JUICED APPLES

 **FLU FIGHTER**
CARROT, APPLE, ORANGE & GINGER

 **LEMON TWIST**
FRESH LEMON, MELON, MINT & JUICED APPLES

 **STRAWBERRY ENERGY**
STRAWBERRY, BANANA, PEAR, & JUICED APPLES

 **ALOE VERA**
FRESH WHOLE ALOE VERA, MELON, PRESSED APPLES
AVOCADO, LEMON & MINT

 **WATERMELON COOLER** SEASONAL
FRESHLY SQUEEZED LOCAL WATERMELON
STRAWBERRIES & SORBET

REGULAR €5.20 LARGE €5.60



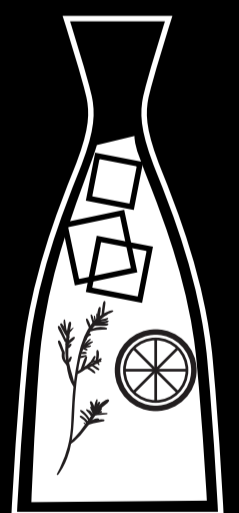
WATER INFUSION

1 LTR. CARAFE
INFUSED WATER WITH GINGER
LEMON & MINT

1 LTR. CARAFE
INFUSED WATER WITH ORANGE
& BASIL

1 LTR. CARAFE
INFUSED WATER WITH CUCUMBER
LIME & LEMON

ALL €3.00



COFFEE BREAK

ESPRESSO
€1.50

ESPRESSO LUNGO
€2.50

FLAT WHITE
€2.30

CAPPUCINO
€2.00

LATTE MACCHIATO
€2.00

AMERICANO
€2.00

ICE COFFEE
€2.40

MACCHIATO
€2.10

CHAI LATTE
€2.30

JOES ORGANIC TEAS
PEPPERMINT, ENGLISH BREAKFAST
SWEET CAMOMILLE, GREEN
€2.50

