

BRUNCH

- BOSS OMELETTE (GF)** €10.50
Grilled chicken, avocado, bacon, spinach, basil, tomato & chipotle mayo
- AVO & EGG (V)** €7.95
Avocado smash, poached egg, spinach, tomato chutney on rye bread toast
- PROTEIN PANCAKE STACK (V)** €10.50
Caramelized pecans and banana, fresh blueberries, red currants, shredded coconut

SALADS

- SUPERFOOD SALAD (VG) (GF)** €9.50
Crispy kale, tenderstem broccoli, edamame beans, sweet potato, bean sprouts, mangetout & miso sesame dressing
- CHICKEN BURNER SALAD (GF)** €10.90
Char grilled chicken, rainbow quinoa, feta, broccoli florets & honey mustard dressing
+ AVOCADO € 2.00
- ASIAN RAINBOW SALAD (VG)** €9.50
Vermicelli rice noodle, red cabbage, broccoli florets, onions, peppers, bean sprouts, mangetout garnished with fried shallots, peanuts, chillies, lime and coriander
+ TOFU € 1.00 | + CHICKEN € 2.00 | + PRAWNS € 2.50
- FAWAFFLE SALAD (V)** €9.50
Fawaffle, mediterranean couscous, grilled halloumi, farm greens, mini pitas & creamy hummus

BAO BUNS

- CRISPY CHICKEN BUNS** €6.95
Crispy chicken, pickled red cabbage, spinach, carrots & chipotle mayo
- KATSU BUNS** €6.95
Crispy chicken, spinach, spring onions, carrots, fresh chillies topped with katsu curry
- TOFU BUNS (VG)** €6.95
Sticky tofu & chestnut mushroom served with teriyaki sauce
- HALLOUMI BUNS (V)** €6.95
Pan fried halloumi, caramelised onions, spinach, tomatoes & sriracha mayo

BURGERS

- MOREISH TRUFFLE BURGER (VG)** €12.00
Moving mountains patty, caramelised onions, truffle mayo, vegan cheddar, tomato, rucola
- SMOKED BEET & BLACK BEAN BURGER (V)** €9.50
Topped with melted Brie, caramelised onions & chilli jam
- JERK CHICKEN BREAST BURGER** €9.50
Dry jerk rub, home- made slaw, jalapeño & reggae sauce

NOODLES & CURRIES

- TERIYAKI NOODLE BOWL (VG)** €10.50
Stir fired broccoli, mangetout, oyster mushrooms, soba noodles, peppers & house teriyaki sauce
+ TOFU € 1.00 | + CHICKEN € 2.00
- PAD THAI NOODLES** €12.50
Chicken & prawn rice noodles, crushed peanuts, mange tout, egg, peppers, onions, bean sprouts & tamarind sauce
- SUPERFOOD SOBA BOWL (VG)** €10.50
Stir fried kale, broccoli, edamame beans, mangetout, onion, peppers, soba noodles & fragrant garlic ginger sauce
+ TOFU € 1.00 | + CHICKEN € 2.00
- KHAO SAN CURRY (VG) (GF)** €10.50
Rich massaman curry sauce, bean sprouts, oyster mushrooms, sweet potato, mangetout & jasmine rice
+ TOFU € 1.00 | + CHICKEN € 2.00

ADD ONS

- TRUFFLE FRIES** €4.50
- SWEET POTATO FRIES** €3.50
- HALLOUMI FRIES** €3.50
- DIPPER FRIES** €3.50
- FALAFEL BITES** €3.50
- CHICKEN GYOZA** €4.95
- VEGETABLE GYOZA** €4.95
- EDAMAME BEANS** €4.50

SHOOTERS

€1.50 PER SHOT

GINGER SHOT

LEMON SHOT

CELERY SHOT

BEETROOT SHOT

100% PRESSED JUICES

100 % COLD PRESSED ORANGE

100 % FRESHLY PRESSED APPLE

100 % FRESHLY PRESSED CARROT

REGULAR € 4.50 LARGE € 5.20

GREEN VEGETABLE JUICES

KING KALE

Organic whole raw kale, apple, pineapple pear & orange



FAT BURNER

Celery, lemon, ginger, pink grapefruit & juiced apples



ROOT RHYTHM

Freshly pressed beetroot, apples lemon & ginger



REGULAR € 5.40 LARGE € 5.95

LIGHT JUICES

flu fighter

Carrot, apple, orange & ginger



lemon twist

Fresh lemon, melon, mint & juiced apples



strawberry energy

Strawberry, banana, pear & juiced apples



watermelon cooler

(seasonal)

Freshly squeezed local watermelon



REGULAR € 5.20 LARGE € 5.60

WATER INFUSION 1 LTR. CARAFE



Ginger, lemon & mint

Orange & basil

Cucumber, lime & lemon

ALL € 3.00

CHECK THE MENU ON THE BOARD FOR FULL LIST OF DRINKS AND JUICES